

# Pre-Sedation Instructions

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

We ask that our patients follow these instructions strictly so that the sedation can go as planned and in the safest of conditions. Any neglect or disregard of these instructions may result in the cancellation of the treatment.

## Pre-Operative Evaluation

If your doctor has requested a pre-treatment evaluation by your physician please make sure the physician faxes the Medical Evaluation form to the office. Please bring the original document on the day of treatment. This allows us to review the medical findings prior to your appointment.

## Eating and Drinking

Nothing should be ingested after midnight the night before treatment, unless instructed otherwise by the doctor. The patient may drink clear liquids (water, Pedialyte, apple juice or sports drink) up to eight (8) hours prior to the procedure. ABSOLUTELY no milk, soup, juice with pulp or other non-clear liquids. Patients not following these instructions may have their treatment cancelled.

## Medications

Please continue prescribed medications at their normal schedule, unless you are instructed otherwise by the doctor. Medications must be taken with only a small sip of water. We ask patients to refrain from taking vitamins, herbal medicines, or non-prescribed medications.

## Change in Health

We are aware that there may be changes in our patient's health, and it is important to inform our staff if you have a cold or fever. Prior to sedation, patients should be in optimal health and treatment may be re-scheduled if there are changes in health.

## Escorts

All patients must be accompanied to and from the appointment by a responsible adult. ALL patients should be in an appropriate seat belt and should be sitting in an upright position on their way home. Do not plan to drive a vehicle or operate potentially dangerous equipment for 24 hours after your treatment. Do not take a bus or a taxi home.

## Clothing and Makeup

Please wear casual and comfortable clothing, preferably with short sleeves. Comfortable pants or sweat pants should also be worn as well as comfortable flat shoes. Leave all valuables at home.

These instructions must be adhered to before commencing with sedation. Neglecting any of the following may compel the doctor to cancel the start of treatment.

Patient /Legal Representative Signature:

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Date: \_\_\_\_\_